

# the Source +



## Market Alerts

**Transition** – The northward seasonal movement of major growing regions from Yuma AZ to central California has begun. This typically lasts from mid-March through April, and row crops such as lettuces, broccoli, cauliflower and celery are more susceptible to supply disruptions and quality issues. Be sure to read The Source Plus weekly for up-to-date info and recommendations.

**Squash** – Supplies continue to be limited for both Zucchini and Yellow, with Mexico and Florida still harvesting much lighter than usual. Quality is fair, with wind scarring reported, and pricing is higher than normal.

**Cucumbers** – Mexican and Honduran harvests continue to be extremely light, with fair quality. Pricing is very high, with **Select Grade** the best value. Limit use where possible, or use **English Cucumbers** as a quality alternative.

**Broccoli/Cauliflower** – The heavy rains in Yuma AZ, and transition of fields, continue to slow harvests of both of these items. Quality is fair, with yellowing and internal decay reported, and pricing is higher than usual.

**Crowns** and **Florets** are the best quality options.

**Avocados** – Supplies are slowly improving, but pricing remains higher than normal, particularly on larger fruit. **#2 Grade, 60 CT** and smaller sizes continue to be the best overall value.

**Lettuce** – Transition-related conditions are also impacting supplies of all bulk lettuce, **Iceberg** in particular. Quality is good to fair, and pricing is higher than normal. **Whole Romaine, Green Leaf** and **pre-cut product** are the best overall values.

## A Peek at Peak Seasons

**Stone Fruit** – Imported Peaches and Nectarines are very nice quality – ask your distributor for recommendations.

**Kale** – Quality is excellent, with full leaves and vibrant color.

**Asparagus** – All sizes of Asparagus are plentiful, with excellent quality.

**Brussels Sprouts** – Quality is very nice out of the Yuma harvest—the best of the past several weeks.

**Grapefruit** – Texas and California are harvesting very nice quality fruit.

## Weather Update

**California** – Colder temperatures, windy conditions

**Yuma AZ** – Heavy rains and unseasonably cold temperatures continue

**Mexico** – Very warm temperatures, dry conditions

**Florida** – Seasonal temperatures and precipitation



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# Commodities at a Glance

 APPLES	Quality and pricing are good	 CELERY	Quality is good, pricing is higher	 LETTUCE LEAF	Quality is fair, pricing is higher
 ASPARAGUS	Quality and pricing are good	 CITRUS (LEMONS)	Quality and pricing are good	 LETTUCE TENDER LEAF	Quality and pricing are good
 AVOCADO	Quality is fair, pricing is higher	 CITRUS (LIMES)	Quality is good, pricing is higher	 MELON (CANTALOUPE)	Quality is good, pricing is higher
 BELL PEPPERS	Quality is fair, pricing is higher	 CITRUS (ORANGES)	Quality and pricing are good, 113 CT and larger are the best values	 MELON (HONEYDEW)	Quality is good, pricing is higher
 BERRIES (BLACKBERRIES)	Quality and pricing are good	 CUCUMBERS	Quality is good to fair, pricing is higher	 MELON (WATERMELON)	Quality and pricing are good
 BERRIES (BLUEBERRIES)	Quality is fair, pricing is slightly higher	 EGGPLANT	Quality and pricing are good	 ONIONS	Quality and pricing are good
 BERRIES (RASPBERRIES)	Quality is good, pricing is higher	 GARLIC	Quality is good, pricing is higher	 PEARS	Quality and pricing are good
 BERRIES (STRAWBERRIES)	Quality good to fair, pricing is good	 GRAPES (GREEN)	Quality and pricing are good	 PINEAPPLES	Quality and pricing are good
 BROCCOLI	Quality is fair, pricing is higher	 GRAPES (RED)	Quality and pricing are good	 POTATOES	Quality is good, pricing is higher, 90 CT and smaller are the best values
 BRUSSELS SPROUTS	Quality and pricing are good	 GREEN ONIONS	Quality and pricing are good	 POTATOES (COLORED)	Quality is good, pricing is higher on Reds and Whites
 CARROTS	Quality and pricing are good	 KALE	Quality and pricing are good	 SQUASH	Quality is fair, pricing is higher
 CAULIFLOWER	Quality is fair, pricing is higher	 LETTUCE ICEBERG	Quality is fair, pricing is higher	 TOMATOES	Quality is good, pricing is slightly higher

