

the Source +



Market Alerts

Avocados – Mexico’s harvest is slow to recover from the recent heavy rains and work slowdown. Pricing is very high, quality is good to fair, and fully ripened product may be less available. **#2 Grade, 60 CT and smaller size fruit** is the best value.

Tomatoes – The overall supply situation continues to be very poor, due to recent freezing and flooding in Mexico. Florida’s harvest is improved, but not enough to offset the Mexican shortfall. Quality remains fair, with pale coloring. **Romas** in particular are extremely scarce, and orders may be shorted.

Squash – Yellow and Zucchini remain limited in supply, of fair quality, and more expensive than normal. Seasonal varieties like **Butternut, Acorn** and **Spaghetti** are better cost and quality options.

Cucumbers – The cold temps and heavy rains affecting Mexico’s tomato harvest has also impacted field-grown Cucumbers. Quality is fair, and pricing is higher than normal. **Select-grade** product is the best value.

A Peek at Peak Seasons

Grapes – Quality on both Red and Green Grapes is excellent, with Chile approaching peak harvest.

Kale – Quality is excellent, with full leaves and vibrant color reported.

Asparagus – Pencil and Standard size Asparagus is plentiful, with good quality reported. These smaller sizes are the best value this week.

Melons – Cantaloupe and Honeydew are great quality, with excellent sugar levels, color and shelf life.

Citrus – Seasonal varieties such as Mandarin, Cara Cara, Minneola and Blood Oranges are still in great supply.

Apples – All seasonal varieties continue to be plentiful, with excellent quality.

Limes – Supplies out of Mexico are abundant, with very good quality.

Grapefruit – Texas and California are harvesting very nice quality fruit.

Weather Update

California: Cooler temperatures and a chance of showers.

Yuma AZ – Strong winds and cool temperatures.

Mexico: Seasonal temperatures and dry conditions in all growing regions.

Florida: Seasonal temperatures and precipitation.



The newest kitchen tool is already in your pocket.

Created for chefs by chefs, **Colorful Plates** is an online toolkit for culinary artisans of all experience levels looking for produce knowledge and inspiration. From Michelin-starred restaurants to home cooking enthusiasts, advice, information, and creativity available on the website is designed to elevate produce understanding.

JOIN THE COMMUNITY AT WWW.COLORFULPLATES.CO



www.proactusa.com

Commodities at a Glance

 APPLES	Quality and pricing are good	 CITRUS (LEMONS)	Quality and pricing are good	 MELON (CANTALOUPE)	Quality and pricing are good
 ASPARAGUS	Quality and pricing are good	 CITRUS (LIMES)	Quality and pricing are good	 MELON (HONEYDEW)	Quality and pricing are good
 AVOCADO	Quality is fair, pricing is very high	 CITRUS (ORANGES)	Quality and pricing are good, 113 CT and larger are the best values	 MELON (WATERMELON)	Quality and pricing are good
 BELL PEPPERS	Quality is good, pricing on Reds is higher	 CUCUMBERS	Quality is good to fair, pricing is higher	 ONIONS	Quality and pricing are good
 BERRIES (BLACKBERRIES)	Quality and pricing are good	 EGGPLANT	Quality and pricing are good	 PEARS	Quality and pricing are good
 BERRIES (BLUEBERRIES)	Quality and pricing are good	 GARLIC	Quality is good, pricing is higher	 PINEAPPLES	Quality and pricing are good
 BERRIES (RASPBERRIES)	Quality is fair, pricing is higher	 GRAPES (GREEN)	Quality and pricing are good	 POTATOES	Quality is good, pricing is higher, 90 CT and smaller are the best values
 BERRIES (STRAWBERRIES)	Quality is fair, pricing is higher	 GRAPES (RED)	Quality and pricing are good	 POTATOES (COLORED)	Quality is good, pricing is higher on Reds and Whites
 BROCCOLI	Quality and pricing are good	 GREEN ONIONS	Quality and pricing are good	 SQUASH	Quality is good, pricing is higher
 BRUSSELS SPROUTS	Quality is good, pricing is slightly higher	 KALE	Quality and pricing are good	 TOMATOES	Quality is fair, pricing is very high, Romas in particular are very scarce
 CARROTS	Quality and pricing are good	 LETTUCE ICEBERG	Quality and pricing are good		
 CAULIFLOWER	Quality and pricing are good	 LETTUCE LEAF	Quality and pricing are good		
 CELERY	Quality and pricing are good	 LETTUCE TENDER LEAF	Quality and pricing are good		

